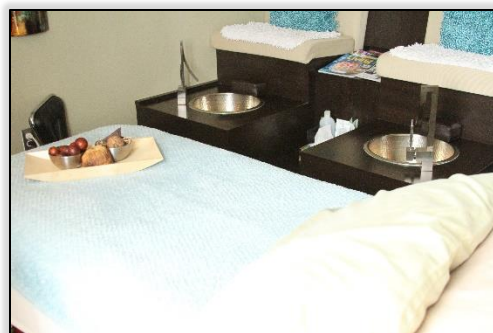




*Our Health Services team is dedicated to providing you with an individualized experience by acknowledging your unique needs and desired results.*



## Massage Prices

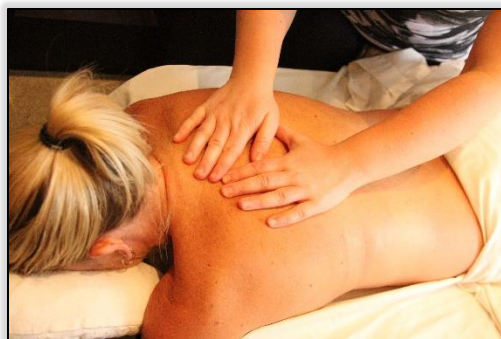
90 mins \$110

60 mins \$80

45 mins \$65

30 mins \$45

*Book your appointment with Jill at the Front Desk!*



## Nutrition Consultations

1/2 hour session \$20

*Book your appointment with Stephanie at the Front Desk!*



# TOTAL WELLNESS ~ INSIDE AND OUT!

283 Northfield Drive East, Waterloo ON, N2J 4G8 Tel: (519) 885-0072

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